

Masks and other stuff

Try this: Put your mask on. Put your hand in front of your mouth. Breathe out hard. Feel that? Now take the mask off & do it again. Notice the difference?

According to the CDC: “[there is no increase in Carbon Dioxide when wearing a mask.] CO2 molecules are small enough to easily pass through mask material. In contrast, the respiratory droplets that carry the virus that causes COVID-19 are much larger than CO2, so they cannot pass as easily through a properly designed and properly worn mask.”

- See LoveDecatur.com/covid/ for sources and much more information.
- Call 217-424-2801 (the city) and ask what the city is doing about the recent spike in cases & the delta variant.
- Talk to your friends and family. Listen. Their concerns are real and valid. Be kind. Educate. Be patient. And remember that there’s an anti-mask, anti-vax propaganda machine. Don’t let your loved ones be victim of preventable illness.

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Covid in Decatur Area

For 5 weeks in a row, Macon County had less than 20 new Covid cases. The last four weeks, there have been 31 new cases (Jul 9th), 22 (jul 16), then 52 (jul 23), then 61 new cases as of July 29th (6 days since last update)

Of 104,712 people, only 38.88% of residents are vaccinated. About 60,000 people in Macon County are unvaccinated.

On July 9th, the MC Health Dept reported 1 delta variant. On July 27th, they reported 5. In this time, we have 3 new cases of the Brazil P.1.1 variant.

In Illinois, 644 fully vaccinated people have been hospitalized due to COVID. Since Jan 1, 2.44% of all IL COVID deaths have been among fully vaccinated folks.

109,888 vaccine doses have gone unused in IL.

I’m a reporter, not a medical expert.

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Getting Vaccinated

“I can’t afford it”: Its free for almost everyone.

“I don’t want to get sick from the vaccine.”:

- Allergic reactions can happen, but the according to the CDC: “Vaccination providers should have appropriate personnel, medications, and equipment —such as epinephrine, antihistamines, blood pressure monitor, and timing devices to check your pulse”

- There are side effects for some people. I, personally was a little lethargic for a day & had some brain fog after my 2nd dose. I’ve heard a lot of very mild reactions & I’ve heard of a few severe and temporary (2-3 days) reactions

Covid19 gets you sick and spreads to your community, your family, your friends, your grandma, your kids, your dad. Don’t just worry about yourself. This a community problem, and at a 40% vaccination rate, our community needs to do better. Especially since people are TIRED of wearing masks & delta is here.

Please wear your mask.

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Where:

- Kroger walk-in vaccines from 11:30am to close
- Crossing Healthcare
- Macon County Health Dept
- CVS & Walgreens
- Walmart during pharmacy hours by appointment

How:

Walk in to kroger and go to the pharmacy. Or search “Cvs covid vaccine” online. Or CrossingHealthCare.org/covid19. Or vaccines.gov

The process:

You go in. Maybe you stand in line a minute. You get a shot in your arm. You sit for 15 minutes as with all vaccines. You go home. You come back for your 2nd dose in 3 or 4 weeks if its an mRNA vaccine.

“I’m scared to get the vaccine”:

Call the 24/7 state hotline at 1-800-889-3931 and ask your questions. Your fears are valid, and all this stuff is overwhelming and confusing. I want you to be safe.

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